



Quality Home Health and Public Health Care Since 1919



SHPH Directory of Staff *Current as of date of publication, April, 2011*

Executive Director: Laura Burrer, RN

Nurse Manager: Kathy Gilbert, RN

Registered Nurse Staff:

Deb Cole, RN

Annette Richards, RN

Monica Adkins, RN

Trina Jeffrey, RN - PRN staff

Home Health Aides:

Donna Trout, LPN

Linda Wahl, LPN

Medical Advisor: Adam Bihl, MD

Business Manager: Dana Wallace

Secretary: Ada Gilligan

Janitorial: Linda Gayheart

Shelby Home & Public Health Board Members:

Jane Keck - President

Steve Curry - Vice President

Nancy Villao - Secretary

Linda Whited - Treasurer

Fred Cooke

Carolyn Kaple

Lou Huff

Chet Green

Ex Officio Members:

Dr. Adam Bihl, MD – Medical Advisor

Laura Burrer, RN, Executive Director

Dana Wallace, Business Manager

Advisory Committee Members:

Dr. Adam Bihl, MD

Dr. Phil Zitko, OD

Ann Bavin

Jean Hulthen

Jane Keck

Nancy Dowds

Connie Strine - Secretary

Sheryl Cramer

Dennis Curry

William Roush

142 North Gamble Street, Ste. B

Shelby, Ohio 44875

419-342-6366 • Fax 419-342-4108

1-888-342-6301

www.shelbyhomeandpublichealth.org



OFFICE HOURS:

7:45 a.m. - 4:30 p.m. Monday thru Thursday

7:45 a.m. - 4:00 p.m. Friday

Registered Nurse on call 24 hours a day.

The services of Shelby Home & Public Health are available to all persons in the Shelby community regardless of Race, Color, National Origin, Age, Sex or Handicap.

Shelby Home & Public Health is a private Non-Profit, Voluntary Agency and a Medicare Certified Home Health Agency.

A Word From Our Director:



In 2010, Shelby Home and Public Health continued to thrive, offering Home Health and Public Health services. The agency has officially served the community and surrounding areas for 91 years. To think at the beginning...a nurse, Miss Elsie C. Stock had an office and a room

for patient care at 79 East Main and was paid \$100.00 a month. For two years this room was known as the "emergency room." Room rates were \$2.50 to \$3.50, and the operating room was \$5.00. In October of 1918, the flu epidemic was in full swing and additional nurses were hired to help. This instituted the need for a hospital and the separation of the functions of the agency's visiting nursing program. The agency was incorporated June 20, 1919. No matter how many times I read about the history of the agency it still amazes me.

For 2010, Shelby Home and Public Health was named by the Home Care Elite as being in the top 25% of home health care agencies in quality of care, quality improvement and financial performance in the United States. Home health services and the changes not only at the Federal level but the State level; continue to be a challenge for the agency. As usual with changes comes more paperwork. We are continuing to use the Oasis C comprehensive assessment and are also using health screens for: falls risk, depression, and skin integrity. These screenings have proved useful for the nurses for identifying possible additional nursing care, the need for outside resources, additional equipment the patient may need, or a needed change in home environment. Looking ahead to some of the changes for the future of home care is: Medicare/Medicaid Physician face-to-face encounter, new coding changes that are evolving and additional

therapy rules and requirements for Medicare compliance.

Our agency is currently working together with the Shelby City Health District to provide public health nursing to the Shelby residents. Some public health concerns that are very evident are the increase in Hepatitis C cases. In Shelby alone, there were 7 hepatitis cases in 2008, 5 cases in 2009 and 18 in 2010. Hepatitis C is the most common chronic blood borne infection in the United States. There are approximately 3.2 million persons that are currently infected with this virus.

Concerns with our immunization program is a decrease in up-to-date immunizations for children 24 months and younger with a 4% rate reduction. Infants are particularly vulnerable to infectious diseases; that is why it is critical to protect them through immunization. One example of the seriousness of vaccine-preventable diseases was the California whooping cough epidemic of 2010, resulting in the death of 10 infants. More than 20,000 cases of the whooping cough were reported in 2010 nationally.

For 2010, Shelby Home and Public Health is proud, privileged, and blessed to continue to serve the community with quality services and care through our home health and public health nursing services. It is with the dedication and commitment of the staff, board members, volunteers, physicians, other agencies, patients, and our community that keep our agency thriving.

Sincerely,



Laura L. Burrer, RN, Executive Director

Scholarship Endowment

Shelby Home and Public Health, Inc. awarded two \$1000 scholarships to two Shelby High School graduates to attend either a 2-year or 4-year Registered Nurse education program in 2010. The recipients were Zachary Hoover and Emery Frey.

This scholarship is funded by a bequeathal from private donors. No public monies are used for this scholarship. The agency looks forward to awarding these scholarships each year to graduates wishing to continue their career in the nursing field.

Our Volunteers 2010

The staff of Shelby Home and Public Health would like to thank all of our volunteers who generously donated time and energy for various activities and for their ongoing support of the agency in 2010.

Our volunteers:

Ann Bavin
Elsie Branch
Jane Keck
Sheryl Cramer
Shirley Morris
Nancy Dowds

Barb Driscoll
Joyce Eyestone
Chet Green
Lou Huff
Jean Hulthen
Carolyn Spangler

Sandy Laser
Carolyn Kaple
Fred Cooke
Steve Curry
Marie Steele
Connie Strine

Nancy Villao
Dr. Phil Zitko
Linda Whited



Thank You

Shelby Home and Public Health would like to thank Mayor Marilyn John, Jim Smith, Health Commissioner, Shelby City Council, Dr. Ajay Chawla, Shelby City Medical Director and Dr. Adam Bihl, SHPH Medical Advisor for their continued support.

2010 CONTRIBUTORS

A special thanks to all who made miscellaneous contributions throughout the year:

St. Mark's Church

United Way

Eric & Dianne Vail

Miscellaneous Donations

Home Health Report - 2010

Total Nursing Visits	1504
Medicare	1360
Medicaid	124
Private Insurance/Private Pay	20
Workman's Comp.	0
Total Home Health Aide Visits	1180
Medicare	798
Medicaid	0
Private Insurance/Private Pay	43
Title XX	339
Total Therapy Visits	960
Physical Therapy	679
Occupational Therapy	244
Speech Therapy	37
Total Nurse Visits (no charge)	179
Title XX (no charge)	60
Supervisory	92
Skilled Nurse/Reassessment	27
Total Home Health Admissions	102
Total Nurse Visits –	
Patient not home/not found	70
Total Auxiliary Contacts	3704
Total Home Health Contacts	7597

HOME HEALTH CARE SERVICES

Shelby Home and Public Health offers skilled nursing care and home health aide services to homebound residents in the Shelby area. In addition to nursing and home health aide services, Shelby Home and Public Health provides physical therapy, occupational therapy, and speech and language therapy to homebound individuals in need of therapy.

Home health services are reimbursed by Medicare, provided the client is homebound and has a written treatment plan signed by a physician, private insurance, Medicaid, Title XX, and private payment including sliding scale. Shelby Home and Public Health makes every effort possible to provide services to individuals in need of intermittent care.

Shelby Home and Public Health is also supported by the United Fund of Shelby. This agency received \$26,000 in 2010. Funds from UFS enable Shelby Home and Public Health to provide care to individuals who are otherwise unable to pay for needed care.

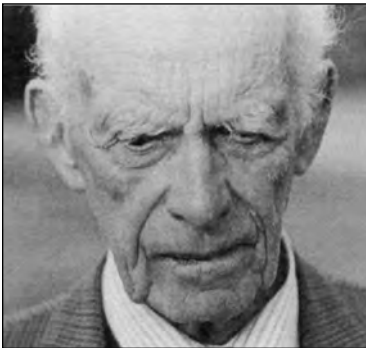
Flu Clinics 2010

Seasonal flu clinics were held at the Shelby Home and Public Health office and the Shelby Senior Center. Outreach clinics were also held at Park Village, Smiley Garden, Myer Meadows, Shelby City, Shelby City schools and Pioneer Career and Technology Center.

Shelby Home and Public Health nurses also administered flu and pneumovax vaccine to homebound residents in Shelby.

Shelby Home and Public Health provided H1N1 clinics at Crestwood Care Center, Heritage Care Center, and the Shelby Middle and High School.

Flu shots cost \$22.00 Pneumovax shots cost \$36.00
Total flu and pneumovax shots administered: **1123**



PUBLIC HEALTH SERVICES

Most public health services are provided through Shelby Home and Public Health through a contractual agreement with the Shelby City Health District. Public health services include: communicable disease investigation and reporting, disease prevention (including immunizations), health promotion, public health education, health screenings (e.g. cholesterol, blood pressure, blood sugar, lead and TB), and pandemic preparedness and response.

Other public health services include: participation in the annual Ohio Department of Health survey of the maternity unit at MedCentral Shelby Hospital, participation in the annual kindergarten screening conducted by the Shelby City Schools, and participation in various programs such as, NC State/OSU Child Development Center Early Head Start Health Advisory committee, the Child and Family Health Consortium, Early childhood committee meetings, Pioneer Health Academy Advisory committee and the Maternal Child Health Network.

Shelby Home and Public Health received \$120,000 in 2010 from the Shelby City Health District for the provision of public health services.

Public Health Report - 2010

Total Footsteps Visits/Contacts	34
Bureau for Children with Medical Handicaps:	
Total Clients.....	46
Total BCMH Contacts/ Visits	677
Help Me Grow	
Newborn Home Visits/Contacts	114
Nursing Contacts:	
Blood Pressure Checks.....	89
Blood Sugar Checks.....	4
TB Skin Tests	275
Cholesterol Screenings.....	31
Lead Screenings	2
Kindergarten Screenings	121
Total Nursing Hours	2692

Immunizations:	
Influenza/Pneumonia Vaccine	1123
Total Immunizations (State Provided Vaccine)...	1899
Hepatitis B (Private vaccine)	45
Tetanus (Private vaccine)	24
MMR (Private vaccine).....	8
Tdap/Adacel (Private vaccine).....	29
Meningitis/Menactra (Private vaccine).....	1
HPV/Gardasil (Private vaccine).....	3
Shingles/Zostavax (Private vaccine).....	39
Total Clients Immunized	813
Total Immunizations Given.....	2048
Total Auxiliary Contacts.....	594
Total Public Health Visits - not home/not found	1
Total Public Health Visits/Contacts.....	8134



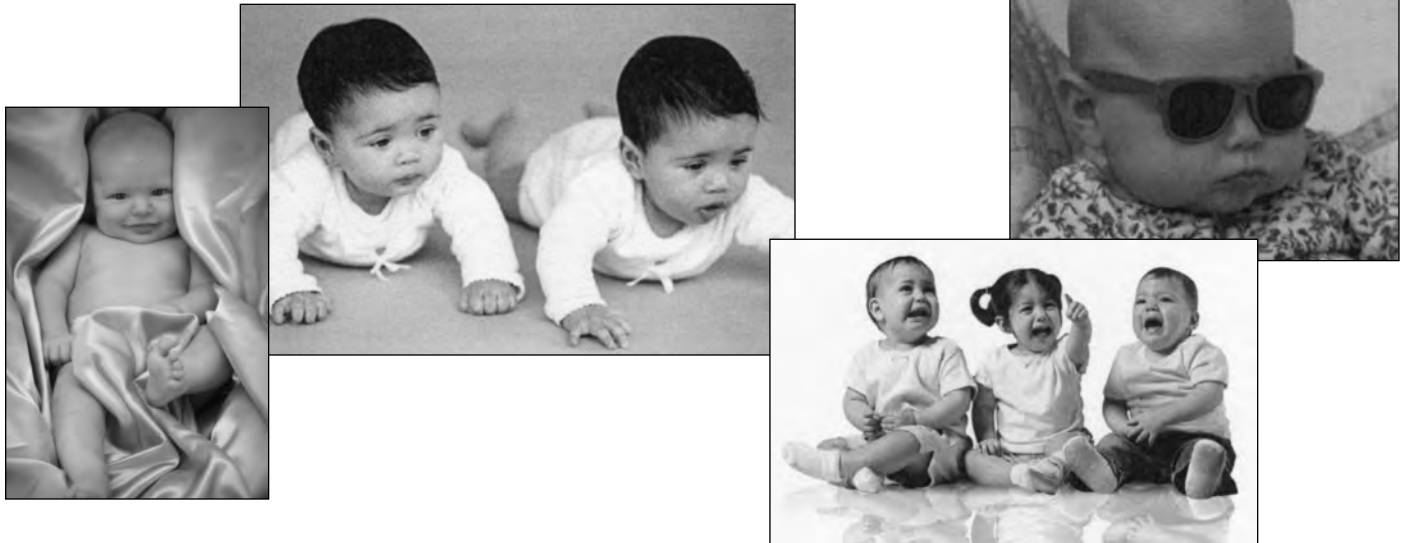
Footsteps 2010

The Footsteps program is a program which provides home visits to parents of newborns. Services are provided by Shelby Home and Public Health RNs who have been specifically trained.

The role of the Footsteps nurse during the home visit is to: assess the infant and mother, assess the family support system, assess the home environment, reinforce any orders by the physician, instruct regarding the importance of having their newborns immunized against vaccine-preventable diseases and regarding the recommended immunization schedule, and to provide relevant educational materials based on identified needs as necessary.

Services provided include: an initial home visit after the child's birth, followed by visits/contacts every six months until the child's second birthday. These visits are free of charge, voluntary, and confidential. Follow-up visits are made only with the parent's consent, based on the child's needs, or upon request.

Footsteps nurses make referrals to other agencies, such as Women, Infants, and Children (WIC), Help Me Grow, Healthy Start, the Bureau for Children with Medical Handicaps, and other social service agencies as needed.



Bureau for Children with Medical Handicaps 2010

BCMh is a health care program provided through the Ohio Department of Health. It links children and families with special health care needs to a network of quality care providers and helps families access payment sources for the services needed by their child. Those special health care needs may be the result of a condition the child is born with or that develops after birth. Funding for the program comes from the federal Maternal and Child Health Block grant, the State of Ohio General Revenue Fund, county taxes, third party reimbursements and donations.

To be eligible for services under this program, the child must be:

- under the age of 21
- a permanent resident of Ohio
- under the care of a BCMh-approved physician

- diagnosed with a chronic medical condition
- determined to be financially eligible for the treatment program

Medical conditions that qualify for BCMh services include, but are not limited to: diabetes, cerebral palsy, spina bifida, cystic fibrosis, hemophilia, metabolic disorders, sickle cell disease, AIDS, cancer, scoliosis, hearing loss, and congenital heart problems.

Shelby Home and Public Health has two RNs trained to assist with enrollment into the program, make referrals for diagnostic evaluations and treatment, provide education to parents and to provide patient follow-up. They also assist the family in making sure the special care needs of the child are being met.

Trina Jeffrey Retires



Trina Jeffrey, RN retired February 1, 2010 after 25 years of service! Trina joined the agency in March 1984 as a part-time nurse for home health and public health services and later was named Assistant Executive Director. She graduated from Philadelphia General Hospital School of Nursing in Pennsylvania. The last nine months of 2009 Trina held the position of Acting Director. The agency did hire Trina back in March of 2010 as a part-time PRN staff nurse.

Trina saw many changes over the 25 years in home care. Patients were requiring more expertise in their nursing care after coming out of acute settings. As Assistant Executive Director she had to stay on top of all the Medicare regulation changes, computerized charting, office fire, floods and moves the agency made.

Trina participated in baby visits, communicable disease reporting, immunizations clinics, and many meetings and social events pertaining to the agency.

Trina was married to the late Dr. William Jeffrey and has one daughter, Susan and son-in-law Adam, and granddaughter Sophia. Now that Trina is working PRN she has had much more time to visit with her family and go on vacations.

Trina was and is a big asset to this agency and the ever changing needs of the community. Congratulations Trina for your outstanding service to this agency, and for your continued support.

– AGENCY GOALS 2011 –

1. To continue to offer home health services to the residents of Shelby and the surrounding areas.
2. To continue to provide public health nursing services to the residents of Shelby.
3. To continue to provide additional services through home health such as newborn nursing visits, Bureau for Children with Medical Handicaps, school nursing, cholesterol screening, TB skin tests, vitamin B12 injections, and adult vaccinations as available.
4. To continue to work to increase enrollment in the home health and public health programs through outreach programs.
5. To continue to enhance staff education regarding home health and public health issues and topics that impact and influence health care.
6. To update, amend, add, and/or delete agency policies, procedures, and protocols (with Board approval) as necessary.
7. To publish and distribute the Annual Report for 2010.
8. To start a caregiver support group to be held at the office once a month.

MEMORIALS FOR 2010

Imogene Cox

Fraternal Order of Eagles -
Ladies Auxiliary

Elizabeth Barkdull

Rose Peak Holman
V.R. Barbour
Frank & Janel Long
Edwin & Mary Ann Hawk
Lillian Stover
Jane Anderson
Kathie Wildman
Pamela "Penny" Jones
Darwin & Lou Ellen Sampsel
Irene Warrens
Mr. & Mrs. William Thompson
Ed & Jean Russell
Eleanor Huss
Wappner Funeral Directors
Dan & Elain Zachman
Lawrence L. Cornell Trustee,
L. L. Cornell Trust DTD
Carolyn Warrens
Betty Norris
Gene & Betty Love
Madeline Frankl
Jane Keck

Joseph Phahler

John & Connie Bloom
Charles Crosby
Dot Brown
Steve & Margaret Keller
Robert & Nancy Giesige

Robert Seaman

Robert Forquer
Sandra Sheaffer & Family
Art & Myrna Seaman

Robert & Shirley McQuillen
& Family

Rudy & Marilyn Korbas
Elizabeth Seymour
Carefree Estates - Residents
Phylis Marquardt
Phillips Mfg. & Tower Co.

Larry & Charlene Barnd
Dennis & Pat Markwell
Richard Hawk
Dorothy Sloan
Merle & Virginia Barnd

Timothy Niver
Donna Miller
Dale & Lou Ann Seaman
Donna & Dean Seaman
Tom & Leah Tooker

Mary Keesy
Carol McMillion & Family

Gene Johnson
Tom & Senie Barnd

Richard Hawkins

Mary Nixon

Richard Hawk

Donna Spangler

Lawrence L. Cornell, Trustee,
L.L. Cornell Trust DTD

Ralph Workman

Polly Neer
McKown & McKown CO, LPA
David & Dorothy Waterhouse
Karlle Smith
Hazel Smith
Linda Wahl
Keisha Collins
Dave Melick

Gertrude Gutchall

Penny Bean
Merle & Pat Jenkins
Madeline Sutter
John & Martha Kleman
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Henry Lasch
Janice Finnegan

Arlene Schull

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Wayne & Jenny Motley
Bill & Donna Yarman
Dick & Becky Young
Eric & Sharon Barkdull
Carol Winely
Kristina Purdy
Mignon & Ralph Rosinsky
Robert & Donna Schull
Darlene Stiving
Tom & Deanne Schull
Thomas & Nancy Depler
Arlene Dawson
Richard & Nola Donley
John & Ila Motley
Elaine Lybarger